Scabies Illness Notification Recommendations

The verbiage below can be used to notify parents of *one or more cases of scabies in a classroom*. Include this fact sheet with the notification: milivcounty.gov/wp-content/uploads/Scabies.pdf.

School Name: (Include school name here)
Classroom: (Include classroom name here)

Date: (Include date here)

Dear Parent and/or Guardian:

At least one student in your child's classroom has been diagnosed with scabies.

About Scabies:
Scabies are a common infestation caused by mites. These mites burrow into the skin, producing pimple-like irritations or burrows. Scabies spreads through skin-to-skin contact or through sharing infested personal items such as clothing or bedding. Scabies symptoms may include extreme itching, a rash, or bumps.

Next Steps for Your Family:
Over the next 4 to 8 weeks, watch your child for symptoms of scabies. Seek treatment from a healthcare provider if your child has any symptoms. After treatment has started, the child can return to school.

Tips to Prevent and Control Scabies:

- Avoid physical contact with infected individuals and their belongings, especially clothing.
- Clean all clothing, linens, towels, and soft toys worn or used in the 3 days before the start of treatment. Wash and dry the items at the highest temperature recommended for the fabric item.
- Clean hard surfaces with soap and water. Then use a store-bought disinfectant or homemade solution. Be sure to leave the disinfectant or solution on the surface for one minute before wiping dry. To make a homemade disinfectant solution: combine 1 gallon of water with 1/3 cup household bleach.
- Items that cannot be cleaned should be placed in plastic bags for at least 4 days. Scabies mites cannot survive away from humans for more than 4 days.
- Read When and How to Clean/Disinfect Your Home.

If you have any questions, contact your healthcare provider or Livingston County Health Department at 517-546-6882.