Diarrheal Illness/Stomach Virus Illness Notification Recommendations

The verbiage below can be used to notify parents of *three or more cases of diarrheal illness/stomach illness in a classroom*.

School Name: (Include school name here)
Classroom: (Include classroom name here)

Date: (Include date here)

Dear Parent and/or Guardian:

Several students in your child's classroom have a diarrheal/stomach illness.

Monitor your child for any loose stools, nausea, vomiting, or abdominal cramps, with a fever. If your child develops a fever, your child should stay home from school for at least 24 hours after the fever has resolved without the use of fever-reducing medications.

To help reduce the spread of diarrheal illness:

- Avoid group activities and stay home when sick.
- Avoid water-based activities (including pools, splash pads, and hot tubs) until symptoms resolve.
- Encourage your child to practice good hand hygiene. Wash their hands with soap and water for at least 20 seconds, especially after using the bathroom.
- Clean surfaces with soap and water. Then use a store-bought disinfectant or homemade solution, being sure to leave disinfectant on the surface for one minute before wiping dry. To make a homemade disinfectant solution: combine 1 gallon of water with 1/3 cup of household bleach.
- Wash and dry clothing, linens, towels, and soft toys at the highest temperature recommended for the item.
- Read When and How to Clean/Disinfect Your Home.

If you have any questions, contact your healthcare provider or Livingston County Health Department at 517-546-6882.